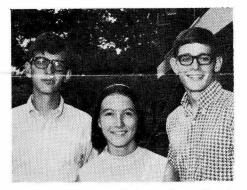
SCHOOL NEWS LETTER

of the Northern Highlands Regional **High School District Board of Education**

VOL. I NO. 1

ALLENDALE, NEW JERSEY

OCTOBER, 1968



National Merit Scholarship Semifinalists — Larry Winship, Karen Vander Werff and George Gantz.

SEMI-FINALISTS

Principal John W. Mintzer has announced that three students at Northern Highlands Regional High School have been named Semi-finalists in the 1968-69 National Merit Scholarship Program.

The students are George R. Gantz, Karen VanderWerff, and Lawrence J. Winship.

The 15,000 Semi-finalists appointed recently are among the nation's most intellectually able high school seniors and will compete for some 3,000 Merit Scholarships to be awarded in 1969.

The Semifinalists were the highest scorers in New Jersey on the National Merit Scholarship Qualifying Test, given last March in 17,500 schools nationwide. They constitute less than one per cent of the graduating secondary school seniors in the United States.

The Semifinalists show high promise for leadership in their adult careers, according to John M. Stalnaker, president of the National Merit Scholarship Corporation. "They have already demonstrated both high ntellectual capacity and a readiness o develop their abilities," he said.

"These students deserve credit and honor. They bring honor to their families, who deserve much credit, as do their teachers and their communities. Their future success, how-

(Continued on Page 2)

SCHOOL ADDITION RECOMMENDED

The Northern Highlands Regional Board of Education recently conducted a public hearing on the school plant needs of Northern Highlands Regional High School.

Dr. Henry J. Rissetto, Professor at Columbia University and an educational facilities consultant, presented his report at the request of the Board of Education. In the report, Dr. Rissetto predicted that if student capacity was raised to 1,750 by 1971, the facilities would be adequate for the district's needs through 1975. He recommended that an addition be built immediately to accommodate 650 additional students. The student population at the present time is very near 1,100.

A number of residents present at the hearing held Wednesday, September 25, suggested that the projected expansion was not liberal enough. They said the enrollment capacity should be raised.

As to the district's ability to finance the proposed expansion, Dr. Rissetto in the report said: "It is the firm opinion of the consultant that additional indebtedness resulting from the school program recommended in this report can be financed without undue tax hardship."

Dr. Rissetto also suggested improvements in the current educational conditions and additional equipment and staffs.

The Rissetto Report has been made available to residents in both the Public Library and the high school library as well as the Public Library in Upper Saddle River.

Message From Board Pres. Jack A. Peyman

We have long recognized the need for an information service which would keep you aware of the Board's activities and plans. After careful consideration on how this could best be accomplished, we have elected to report to you on a regular basis, reviewing current school activities, Board plans for the immediate future, and longer-range programs. This is the first issue of the Northern Highlands Newsletter, our quarterly review.

Hopefully, as a result of keep. ing you up-to-date on the goings on at Highlands, we will continue to build a better understanding of the problems and programs at our high school.

Your comments, suggestions, and opinions will be welcomed and appreciated.

RESOLUTIONS TO BENEFIT RETIRED CITIZENS

Jack A. Peyman, President of the Board of Education announced that a resolution passed at a recent board meeting would benefit retired citizens of Allendale and Upper Saddle River.

The resolution states that residents of the district who are 65 years of age or older and/or employees who have retired from the district are entitled to free admission to the adult school, home athletic events and specified events.

Upon application to the Secretary to the Board of Education, Mr. E. J. Kotula, a card will be issued to all qualified residents. The resolution will take effect immediately.

NEW STAFF MEMBERS

Mr. Gerald F. Hopkins, Superintendent of Schools recently welcomed twenty-three new members to the Highlands staff. In an address to the entire staff, Mr. Hopkins said the new teachers represent many states and colleges in the nation and expressed his best wishes and hopes for a most successful year. He extended a warm and happy welcome from the Board of Education to the entire faculty.

Of the twenty-three new staff members, fourteen have taught before with a wide range of one to twelve years experience.

The new staff members of the 1968-69 faculty are the following: Jacqueline Bakal — Graduated from

- Paterson State College in math. Also served on a Middle States Evaluation Committee.
- Andrew Boyajian Graduated from Dakota Wesleyan University in Science. Spent 2 years in military service.
- Laura Dailey Is our cafeteria manager. She had previously worked in the Allendale Elementary School.
- Beth Edwards Graduated from Trenton State, and is teaching Business Education courses.
- Pamela Fox Graduated from Montclair. Pamela is teaching Physical Education at N.H.R.-H.S.
- Phyllis Frey Graduate of Jersey City State College, and Patererson School of Nursing. She is teaching Health Education.
- Priscilla Gibson Is the secretary for our Guidance Department.
- Sue Grein Graduated from the College of New Rochelle, and is working on MAT program at Fairleigh Dickinson. She teaches French in N.H.R.H.S.
- Robert Haskell Graduated from Colgate University, and did graduate work there. He teaches Science.
- Blanche Hunt Switchboard operator.
- Elizabeth Koenig Graduated from Gettysburg College and took her MA work at Northwestern University. She is a member of the English Department.
- Anthony Komon Graduated from Defiance College in Ohio and has taken extra work at the University of New Mexico. He now is teaching math at Highlands.
- Reginald Landau Graduated from Washington Square College (N. Y. U.) in German and has extra study from Goethe Institute in Berlin and N.Y.U. grad-(Continued on Page 6)

Semi-finalists — from page 1

ever, will depend increasingly upon their ability to become productive at the high intellectual levels of which they are capable."

Semifinalists must advance to Finalist standing to be considered for Merit Scholarships, since all winners will be selected from the Finalist group. Semifinalists become finalists by receiving the endorsement of their schools, submitting scores from a second examination, and providing information about their achievements and interests.

Every Semifinalist who becomes a Finalist will be considered for one of the 1,000 National Merit \$1,000 Scholarships, allocated by state. Many will also be considered for the four-year Merit Scholarships provided by some 400 corporations, foundations, colleges, unions, trusts, professional associations, other organizations, and individuals.

Winners of four-year Merit Scholarships may receive up to \$1,500 a year for four college years, depending on their individual need. Winners of the National Merit \$1,000 Scholarships will receive one-time stipends of \$1,000 upon enrollment in college.

High School grades, accomplishments, leadership qualities, extracurricular activities, and school citizenship of the Finalists are evaluated, along with the test scores, in selecting Merit Scholarship winners.

Names of the winners in the 1968-69 Merit Program will be announced by early May, 1969. Some 18,000 students have received Merit Scholarships in the thirteen annual programs to date. Nearly \$60 million in financial assistance to Merit Scholars and their colleges has been expended or committed through the Merit Program to date.

Carl Martin, a new senior from California, is also a National Merit Semifinalist.

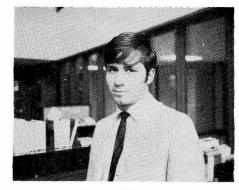
ASSISTANCE AVAILABLE

Assistance is available for parents who are interested in answers about the school or are seeking specific information.

If the problem concerns a classroom situation, please see the teacher. If the teacher cannot help you, he or she will refer you to the Principal or the superintendent.

If the question is one that concerns the administrative or personnel policies of the school, see the Superintendent.

If you have a question concerning scheduling, contact the Guidance Department. Please do not hesitate to call the high school for any assistance you may need regarding your child.



John Clinton President of the N. J. State Student Council Association.

NATIONAL ASSOCIATION

On June 23 John Clinton, a student at Northern Highlands Regional High School, departed for Hurst, Texas along with nine other New Jersey students and the state's Assistant Director of Secondary Education, Mr. Robert A. Withey. John was sponsored by the Northern Highlands Teachers Association and the Board of Education.

The group, consisting of the New Jersey Association of High School Councils' Executive Committee, of which Clinton is president, attended the 32nd Annual Conference of the National Association of Student Councils.

During the five days they spent in Hurst, delegates from forty-eight of the fifty states heard such speakers as Michael Demarest, Senior Editor — Time Magazine; Jack Vaughn, Director of the Peace Corps; Carl J. Bode, Professor of English, University of Maryland; Elizabeth D. Koontz, President — National Education Association; Gale W. McGee, U. S. Senator from Wyoming. The speakers addressed the delegates in accordance with the conference theme, "Youth In An Era Of Conflict."

Various discussions, workshops and panels gave students from across the nation an opportunity to compare the problems of their state associations, their schools, and their roles in the present dilemma confronting both students and educators throughout the world, as evidenced by the discontent expressed in many colleges and secondary schools.

Student Delegates from New Jersey were: NJAHSC Officers — Joh Clinton, president; Dennis Reznicl vice-president; Vicke Herget, secretary; Kathy Yaskiw, treasurer; Laura Decker, Nancy Pagony, Wendy Chernev, Howard Longin, executive members. There is no security on this earth; only opportunity

GUIDANCE SPEAKS

HELEN M. BLANCHARD Director of Guidance

Guidance Services are an integral part of the education program of a school and are specifically designed and executed to assist in focusing the entire educational program on the individual. We in the guidance department of Northern Highlands Regional High School are convinced each individual student should receive educational experiences of the highest calibre that will prepare him for active, worthy, responsible, creative, and self-fulfilling membership in our democratic society. He should have the opportunity to mature through participation in curricular and co-curricular activities that are compatible with his aptitudes, abilities, interests, needs and capacities. Every function of the guidance department is intended to assist the student in achieving this end.

Our guidance services are organized to provide systematic and continuous assistance to the individual students so that he may develop his potentialities to the optimum through satisfying and sound choices, necessary adjustments, realistic planning, counselor's assistance in solving problems, and developing of his own creative interests and appreciations. In our relations with the students in individual or group counseling the guidance staff attempts to help these young people adjust to situations; to assist them with their difficulties; to aid them in discovering more about their interests, aptitudes, abilities; to provide opportunities for them to explore educational possibilities; and to encourage them to develop self discipline. Obviously, the all encompassing objective of the counselors is to have each student recognize his own potential, limitations. and needs; and then have him be able to reconcile these realistically and successfully with his present and future plans.

The guidance staff consists of four counselors — Miss Philomena Spera John Bohan, Lars Larsen, and Floyd Rightmire — and the director of guidance, Miss Helen M. Blanchard. The vertical system of counseling, in which each counselor is involved with students from each grade level, their parents, and teachers, is utilized successfully. Topics generally handled in counseling are of an educational, occupational, social, or personal nature.

Please be assured that we counselors have as our primary concern the individual student and sincerely hope that parents as well as students and teachers will avail themselves of our services whenever we can be of help. Do get to know us!

COMPUTERIZED SCHEDULING

For the first time since the opening of Northern Highlands Regional High School the students received their class schedules via automation.

With the continued growth of the Northern Highlands Regional High School district it became evident that a more sophisticated means of scheduling would have to be implemented to insure accuracy and give the student a higher degree of flexibility of choices.

For a first year endeavor, the outcome was highly successful and there was little, if any, confusion attributable to the changeover. Students received a course schedule in their homerooms the first day and teachers had class lists of all students as a check.

The cost was minimal, the time and clerical functions necessary to do this work were eliminated, and the accuracy was near perfection.

A by-product of the above was a set of cards with which report cards and various other administrative controls and records could also be automated. The possibility of record-(Continued on Page 4)

Prepare for the future— see your counselor regularly. Above is Kathy Cortez, Al Kolb, Patty Lair and Miss Spera.

PREPARING FOR COLLEGE

PSAT — College-bound juniors throughout the nation usually take the PSAT (Preliminary Scholastic Aptitude Test) in October of the junior year. This year the PSAT will be given at Northern Highlands Regional High School, Saturday, October 26, 1968.

This test renders two scores — a verbal score and a mathematical one. The PSAT is a good predictor for both the counselor and the student. It gives to each an idea as to what the student will do on the SAT (Scholastic Aptitude Test).

SAT — The Scholastic Aptitude Test gives scores in verbal and math ranging from 200 (on the low end) to 800 (on the high end) with the mean score of 500.

Many colleges require SAT test scores and use them as one of the important factors in deciding whether or not a student will be admitted to college. High school juniors usually take the SAT in March or May of the junior year and very often repeat it again in December of their senior year.

This year the Scholastic Aptitude Test will be given on the following dates: November 2, December 7, January 11, March 1, May 3 and July 12. Check with your counselor in order to meet the application deadline. The school code number for the SAT is 310-001.

for the SAT is 310-001. ACT — The American College Test is required by colleges throughout the country, mainly Mid-West and Western colleges and some Southern colleges. Always check the catalogue of any college being considered for specific admission requirements. ACT consists of four tests — English, mathematics, social studies, and natural sciences.

These tests are designed to measure the student's ability to perform the kinds of intellectual tasks required of college students. A composite or average of the scores on the four tests provides an overall estimate of one's ability to succeed academically in college. This year the ACT tests will be administered on the following dates: October 19, December 14, February 8, April 26, and July 19.

Application forms for ACT tests are available from your guidance counselor. The ACT code number for Northern Highlands is 056-195.

For further information on deadlines for applying for these tests, inquire at the Guidance Office and keep all weekly Guidance Notes for reference.

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MASTER CALENDAR

OCTOBE	R			
	5	Varsity football game with Manchester	1:30	p.m.
	12	Varsity football game with Hawthorne		p.m.
	14	Board of Education Meeting		p.m.
	17	BACK TO SCHOOL NIGHT		p.m.
	19	Varsity football game with Demarest		p.m.
	26	Varsity football game with Mahwah		p.m.
NOVEMB	ER			•
	2	Varsity football game with Midland Park	1:30	p.m.
	7-8	New Jersey Education Association Convention (school will be closed)		
	9	Varsity football game with Indian Hills	1:30	p.m.
	11	Board of Education Meeting		p.m.
	16	Varsity football game with Ramsey		p.m.
	22-23	All school play		p.m.
	28	Varsity football game with Waldwick		p.m.
	28	Thanksgiving Day		
	29	No school		
DECEMB	ER			
	9	Board of Education Meeting	8:00	p.m.
	17	Varsity basketball game with Lodi		p.m.
	18	Christmas Concert		p.m.
	20	Varsity basketball game with Midland Park	6:30	p.m.
	21	Student Council semi-formal	9-1:00	a.m.
	23	CHRISTMAS RECESS (through January 1)		

Scheduling — from page 3

keeping and instant recall of all data necessary for areas of guidance is immeasurable.

The above was accomplish via rental of an IBM S/360 computer located in Newark, N. J. Additional applications can be done in the series 50 IBM facility presently in use as a learning device for the business education students of Northern Highlands Regional High School who are learning key-punch, sorting, electronic accounting machine opera tion and other support equipment.

It is believed that the scheduling operation and various other records presently in process of automation will contribute to a smoother, highly organized means of serving the students and the district.

ADULT EDUCATION

The Northern Highlands Regional High School began its third season of Adult Education on September 24, 1968. Classes meet each Tuesday (with the exception of the Planetarium show) for ten weeks.

Courses in Business, Literature, Foreign Language, Art, Music, Beginners Bridge, Math. and Physical Fitness for Men and Women are being offered. A new course in Memory Improvement is being offered for the first time.

An interesting part of the adult education program will be the Planetarium Show to be shown monthly through June. Mr. Tom Petrush of the Northern Highlands staff has designed the series of ten shows which include: Milky Way Galaxy, Our North Star, and Yesterday and Today.

Many courses were limited in size

and were filled in the order in which registrations were received.

Mr. Odell Nassar, Director of Adult School was very pleased with the turnout of students. For further information about any of our adult courses contact Mr. Nassar by calling 327-8700.

Student Enrollment

September	1967	September	1963
9th Grade	284	9th Grade	332
10th Grade	248	10th Grade	272
11th Grade	236	11th Grade	249
12th Grade	209	12th Grade	237
Total	977	Total	1,090

"Highlands Incorporated"

"Business as Usual" is the slogan of the Secretarial Office Practice Class at Northern Highlands. Better known as "Highlands Incorporated," this class is geared to those students who intend entering the business world as secretaries. The students work in a simulated business situation — complete with payroll checks, office managers, employee cards, office-style dictation, and regular secretarial duties.

For the past two years Northern Highlands has been involved in this pilot program in Business Education sponsored by the Federal Government in connection with Michigan State University. The purpose behind the formation of an actual "company" in the classroom is to better prepare the secretaries of tomorrow with the skills needed to function in an office situation. Not only does each student increase her typing and shorthand ability, but she also learns to accept responsibility and to take pride in herself and her work.

ALL SCHOOL PLAY

A non-musical version of Annie Get Your Gun will be sponsored by the drama department under the direction of Margaret Gimello. Parts will be open to all students.

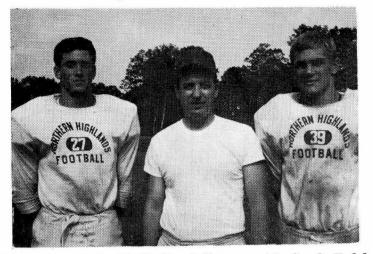
The three-act comedy will have a cast of nine women, ten men, and extras. Other students will handle sets, lights, costumes, make-up, ticket sales, and publicity.

Rehearsals will begin the second week in October.

Dates of the performances are Friday, November 22, and Saturday, November 23, at 8:00 p.m. in the high school auditorium.

PLACEMENT CLASS OF	1968	
Total Graduates	208*	
Girls	109	
Boys	99	
*American Field Service Student		
not included in count	1	
Education	Girls	Boys
1. Four year college	57	67
2. Two year college	14	18
3. Evening program at four year college	1	
4. Correspondence Course	1	
5. Preparatory school		1
6. Secretarial school	7 2 6 3	
7. Art	2	1
8. Nursing	6	
9. Technical school	3	3
10. Cosmetology school	1	
Armed Forces		7
Employment		
1. Clerical	9 3	
2. Sales		
3. Service	4	
4. Structural		2
Homemaking	1	

Sports Report



Co-Captains of the N. H. Football team with Coach Fedele. Robert Kennedy, Coach John Fedele, and Dave Thompson.

FALL SPORTS PROGRAM

Mr. William Corcoran, Director of Athletics for Northern Highlands, stated recently that he is very pleased with the turn-out of male students for the fall sports program. There are over 106 boys out for football, 101 out for soccer, and 42 boys working out for the Cross County Team. This is a total of 249 male students in the school.

Coach Fedele, Coach Pietrowski, and Coach Sok all look forward to a season filled with excitement for the boys as well as the spectators. Be sure you follow your favorite fall sport this season. Come out to see our football team. All of their games will be played on Saturdays at 1:30 p.m.

Coach Pietrowski and the Soccer Team will play most Tuesdays and Fridays at 4:00 p.m. "The Cross Country Team is greatly improved," according to Coach Sok. Most of their meets will be played at 4:00 p.m. on Mondays and Thursdays.

	VARSITY FOOTBALL	— 1968	
Date	Opponent	Place	Time
Oct. 5	Manchester	Home	1:30
Oct. 12	Hawthorne	Away	1:30
Oct. 19	Demarest	Away	1:30
Oct. 26	Mahwah	Home	1:30
Nov. 2	Midland Park	Home	1:30
Nov. 9	Indian Hills	Away	1:30
Nov. 16	Ramsey	Home	1:30
Nov. 28	Waldwick	Away	10:30
	J. V. FOOTBAL		
Date	Opponent	Place	Time
Oct. 7	Manchester	Away	4:00
Oct. 14	Hawthorne	Home	4:00
Oct. 21	Demarest	Away	4:00
Oct. 28	Mahwah	Away	4:00
Nov. 4	Midland Park	Away	4:00
Nov. 11	Indian Hills	Home	4:00
Nov. 18	Ramsey	Away	4:00
Dec. 2	Waldwick	Home	4:00
	The second se		
	FRESHMAN FOOT		
Date	Opponent	Place	Time
Oct. 5	Manchester	Away	10:00
Oct. 12	Hawthorne	Home	10:00
Oct. 19	Demarest	Home	10:00
Oct. 26	Mahwah	Away	10:00
Nov. 2	Midland Park	Away	10:00
Nov. 9	Indian Hills	Home	10:00
Nov. 16	Ramsey	Home	10:00
Nov. 30	Waldwick	HH	
	(Continued on Pag	;e 6)	

MARCHING BAND SEASON BEGINS

The Northern Highlands Band opened its fourth season October 5 as a Marching Band unit. Drum Majors Rusty Vellek and Dave Welch will lead the band through intricate half-time maneuvers and formations during the football season. Excitement is now being generated by the Band students as they anticipate each half-time show. Come out to see our band as they execute the many military movements developed during their pre-season workout with Mr. Robert Manzo, band director.

Working with the band during the marching season will be our fine squad of majorettes led by captains Kathy Doran and Laura Eichhorn, and our exciting color guard led by Yvonne Da Costa and Chris Cook.

As the Marching band season comes to a close after Thanksgiving, the band's function will then be that of a concert organization. Several concerts are planned including Christmas, Pops Concert and the Spring Concert.

Recently, band officers were elected from the Symphonic Band and the Highlands Band. Dave Welch (President), Bill Krieger (Vice President), and Julie Larsen (Secretary-Treasurer) represent the Symphonic Band. Larry Burtiss (President), Beth Lindquist (Vice-President), and Denise Moscone (Secretary-Treasurer) are officers of the Highland Band. Officers from last year have worked with Mr. Manzo in creating a Band Handbook which is to be implemented this year. The Handbook is designed for parents and students alike, for in it many questions are answered regarding discipline, procedures, grading, dress, uniform care, awards and band philosophy.

PUBLISHED BY THE BOARD OF EDUCATION

Jack A. Peyman, President William A. B. Simpson, Vice Pres. William Castor William G. Donaldson Walter Lischick Leo F. McKenny Robert F. Saydah Stephen T. Van Houten III Nancy M. Vander Werff

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New Staff — from page 2

uate School. He is teaching German at Highlands.

- Annarose Lederman Graduated from Montclair majoring in French and Speech Arts. She has toured Europe and studied at the University of Tours, France.
- James Masson Graduated from the University of Wisconsin, and took his graduate at Montclair. At present he is taking courses at Fairleigh Dickinson. He is teaching science at N.H.R.H.S.
- Robert Mirabilio Graduated from St. Peter's. He is teaching social Studies at Highlands.
- Carl Mortensen Graduated from the University of Maryland. He is teaching Physical Education at N.H.R.H.S.
- Mary Neumann Graduated from Smith with an MA from the University of Michigan. She has taken graduate work at Fairleigh Dickinson, Montelair, and Teachers' College.
- Floyd Rightmire Graduated from Albright College with an MA from Lehigh University. He is a guidance counselor at Northern Highlands.
- Dennis Rouse Graduated from Penn State University. He has taken graduate work at Tufts University. He is teaching Russian at Highlands.
- Gerard Scola Graduated from Glassboro and took his MA at Paterson. He is a ham radio operator. He is teaching earth science.
- James Sedlack Graduated from Montclair. He is teaching Industrial Arts.

Susan Smith — Graduated from Gettysburg College. She is now teaching girls physical education at Highlands.

NORTHERN HIGHLANDS REGIONAL HIGH SCHOOL

Sports Report Continued VARSITY CROSS COUNTRY

Waldwick Invitation

Opponent Demarest

River Dell

Waldwick

Indian Hills

Hawthorne

Manchester

League Meet

Pascack Hills

Pascack Valley

VARSITY SOCCER 1968

J. V. SOCCER

Mahwah

Opponent

Waldwick

Demarest

River Dell

Glen Rock

Ramapo

Waldwick

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Midland Park

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to be announced

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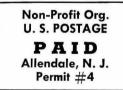
Home

10:00 a.m.

NEWSLETTER

UPPER SADDLE RIVER ALLENDALE, NEW JERSEY

> Walter Wardell 56 Allen St Allendale, N. J. 07401



OCTOBER 1968