# LIBERTY BELL LUNCH - January ]4th

Benjamin Franklin Turkey & Gravy Banker Hill Potatoes Thomas Jefferson Salad Liberty Bell Roll & Butter Independence Surprise Declaration Drink

# DID-JA KNOW

Your Student Council under the direction of Mark Scanlon, Pres., and Mr. Robert Hellwig, Faculty Advisor, packed and distributed eight Christmas food baskets to reedy families in the area. 201b. turkey and all the fixings were included in each basket along with many other grocery treat items. SPORTING NEWS-WRESTLING Sue Ross, Betty Stevens, Brian Scanlon and Maureen Purtell also helped.

The Student Council Treasury funds were used in this meaningful esture.

# DATES TO REMEMBER Guidance

The Junior guidance appointments will be held in March. The students will have individual meetings with the counselors and their parents to help plan their senior schedule and also investigate college offerings. Appointment sheets will be sent home with the students.

On January 15th a meeting with all the 8th grade students and parents (and Guidance Dept.) will be held to familiarize them with course offerings at Northern Highlands. This meeting will be at 7:45 p.m. in the auditorium.

At this time the department chairmen will discuss the offerings for a cooler for the team. in various fields and answer any questions that may arise.

### THANK YOU!

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To all the mothers who donated their efforts to make the Senior-Alumni Reception on Dec.23rd a success. And to all those Junior Class girls who baked all those good cookies.

The mothers are Bea Glomb, Dotti Dyer, Barbara Pirie, Joan Yeaple, Virginia Coill, Cathryn Gilson and Dorothy Keal.

The Home & School Association donated the punch to complement the cookies. The news is out that a good time was had by all.

Northern Highlands was one of 4 host schools for the Bergen County Coaches Tournament held . over the Holidays. This year Highlands was pleased to be included in the newly expended 16 team tournament.

Although we didn\*t win any honors, we have high hopes for next year

## GRAPPLETTES

The Grapplettes consist of 13 active members who are busy supporting the wrestling team. They were founded 4 years ago under the direction of Coach Larson. These girls keep the records and books for the team and keep the scores on the blackboard for the teams, including the freshmen.

They have bake sales at school to raise funds for extraordinary expenses, such as team hats and breakfast for the boys on the days of the district meets. Their current project is to raise money Thev also make up programs for the meets.

The three girls in charge of the group this year are: Edamarie Widmer, Abbe Steinberg and Paula Adam.

Needless to say, they are great morale boosters!

# HOME AND SCHOOL ASSOCIATION NORTHERN HIGHLIGHTS JANUARY 1976

### AWAPD CORNER

The John Philip Sousa Award is given to the graduating senior who best exhibits the highest quality of musicianship, loyalty and citizenship in Band. This is anational award. The winner is presented with a desk set with a gold medallion, a bust of Sousa on a marble base and a certificate.Mr. Curcio.

June 1975's award went to: Lisa Væeeland.

The Louis Armstrong Award is a national award that is comparatively new. It goes to the gradaating senior who best demonstrates musidianship in the field of jazz. The winner is presented with a desk set, pin, and a bust ofLouis Armstrong.

Last year's winner was Don Gardner.

LAUREN TROWNSELL has gathered two concert Sunday, Feb. 1st, at Whipwards in separate endeavors in the writing arts. She is a finalist in the National Council of Teachers of English Writing Contest. And her poem won her second FLAG PRESENTATION place in the 13th Annual Poetry Contestof Hollins College (Va.).

in the arts and she plans to pur- Highlands-Old Tappan football game sue these interests in her college by Ernie Cassidy, co-chairman of auocesses.

DEADLINE for next Newsletter February 8th

Call Rita Ahlers 825-0239 or Dawn Dugas 327-7767 It is a pleasure to be editors for our high school students and we like hearing news about them.

## MUSICAL NOTES

The Concert Band and Symphonic Band will present their Winter Concert Thursday, February 5th. The show starts at 8:00 p.m. and will be held in the school auditorium. Tickets are \$1.50 and may be gotten at the door or through any band member or from Mr. Manzo or

NEW JERSEY REGION 1 BAND

Seven students have successfully compated for and won places in the Region 1 Band. We are more than happy to list Laura Bacinich, who placed third in the Wind Ensemble Band. In the Symphonic Band are Bruce Pitkin, tuba; Brian Scanlon, 1st alto saxqphone; Randy Kellogg, French Horn; Bill Ash, trumpet, Robert Cargell, traps and alternate snare drums: and Fred Magro, base drum.

They will be performing in a pany High School.

Congratulations to you all!

The Bennington flag was presented to the Northern Highlands Marching Band on Thursday, Nov. 27th, Lauren's interests lie strongly during half time of the Northern studies. We are proud of Lauren's the Bi-Centennial Committee. Funds to purchase the flag were made available by the Independence Bank of Allendale.

# BI-CENTENNIAL NOTES

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200 Years of American Polk Musie Bennett Zurofsky will be the Feb. program of the NHRHS's Bi-Centennial Committee. Mark Wed., Feb. 18th on your calendar.

Doors open at 8:00 p.m. and tickets are \$1.00 at the door or through Misses Cathy Mahoney or Vanderzanden.

# BOARD OF EDUCATION ELECTION

Three seats are to be filled: one for Upper Saddle River and two for Allendale.

Suzanne Hanvey is running unopposed for USR seat on the board. There are six candidates filed for the two Allendale seats, They are Gail Anderson, Margery Bacinich, Edith Rhodes, Priscilla Winship, Robert Herndon and Robert Schoeplin,

Give careful thought to the matter, make your choice(s), and be sure to VOTE. Remember, these are your representatives, whether you have a high schooler in your home or not.

Also, we are fortunate to have interested persons willing to give their time and good intentions to an important part of our lives.

# DAYTIME ADULT SCHOOL

This endeavor has turned out to be a most successful idea. Flyers were mailed to both towns and the classds begin in about a week. There is something for everyone.

Look your flyer over carefully and join with the other entrants. There is much to choose from.

# WIMMING Coach: Olsen

1/15	Kinnelon	-		-	-	-	-	A
1/22	Ramsey							A
1/29	FairLawn	-	-	~		-	-	H
2/5	Mayne Hills							A
2/12	Wayne Valley-		-	-	-	-	-	H
2/19	Hackensach							H

All meets at 3:00 p.m.

# WFESTLING

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# Coach: Procopio

1/16	Mayne Hills H	
1/20	N.V.O.T. A	
1/23	Indian Hills A	
1/27	Ramapo H	
1/30	N.V. Demarest A	
2/3	Lodi H	
2/10	Teaneck7:30 p.m A	
2/18	Emerson 2:30 p.m. A	
2/20	Ridgewood H	
and the second s		

All games at 8 p.m. except as noted

JV & Frosh 6:30 p.m. same. JV & Frosh 1:00 p.m. when varsity starts at 2:30 p.m.

# BASKETBALL - GIRLS AND BOYS

1/16	Wayne Hills A
1/20	N.V.O.T. H
1/23	Indian Hills H
1/27	Ramapo A
1/30	N.V. Demarest H
2/3	Lodi A
2/6	Pascack Hills H
2/10	Pascack Valley A
2/13	River Dell A
2/20	N.V.O.T. A

Varsity	8:00	p.m.
J.V.		p.m.
Frosh		p.m.

Girls: Opposite at 4:00 p.m. All schools except Lodi.

# BOARD MEETINGS

Board of Ed. - - 2nd Monday, 8 p.m. Home & School- - Feb. 5th, 8 p.m.

# BI-CENTENNIAL BRIDGE

Weman's Evening Club of Allendale is holding a Bridge in NHRHS cafeteria 8:00 p.m. February 11th. Tickets \$2.50, Colonial Refreshments Door Prizes Tickets from: Eileen Paterson--327-7097 Jean Taylor-----327-4076

Northern Highlands Regional Non-Profit Organization High School . . . . U.S. POSTAGE PAID Hillside Ave., Allendale, N.J. Allendale, N. J. 07401 Permit and the second and the second second mut natural a second A grant Serve add aska 5742. NO THE BUILD THE REAL OF . . . 1 · · · · · MR. W. WARDELL 50245 Maria and a family have 78 EDGEWOOD ROAD ALLENDALE, N.J. 07401 and the second second second Stor A Starte and the second The second se and the second s the string of th and the second of the C. C. Marting - Strand Rade Bart 1824 in the standard of the side