

Important Dates to Remember

October 20, 2018 - Saturday - Open House 11:30 A.M. to 2:30 P.M.

We will begin in the auditorium at 11:30 A.M. and introduce our administrative team and subject area supervisors. At 11:45 A.M. our award winning A Cappella groups, Highlands Voices and Highlands Belles as well as our Marching Band will perform. Guided tours will begin, and coaches and advisors will be available to meet with you. Tours will be continuous until 2:15pm and a complimentary barbeque lunch will be provided. Visitors will also be provided with complimentary tickets to our Homecoming varsity football game vs. Wayne Valley H.S. Kick off is at 2:00pm in Dean A. Moore Stadium. Please feel free to join us for all or part of the day. GO HIGHLANDS!



December 2018 - Curriculum Guide Available Online

The new curriculum guide will be available online for your review, which will officially begin the scheduling process for September 2018. To better assist you during the scheduling process, we have prepared a pamphlet highlighting the specific 9th grade program. Counselors will be visiting each middle school in the spring and you will have the opportunity to meet with counselors and review course offerings.

Northern Highlands Program of Studies Assembly

Members of the Northern Highlands Administration will visit each middle school for an informal question and answer session regarding student scheduling in preparation for the 2019-2020 school year.

January 29, 2019 - Tuesday - Ho-Ho-Kus School Library

January 30, 2019 - Wednesday - Brookside School Library

January 31, 2019 - Thursday - Cavallini School Library

February 5, 2019 - Tuesday - Wandell School Library



March / April, 2019 - Course Scheduling

Northern Highlands Counselors will visit each middle school and meet with students and parents. You will be contacted directly regarding these meetings that will take place during the school day.

May 17, 2019 - Friday Night Incoming 9th Grade Orientation for Students and Parents 6:30 P.M.-9:00 P.M.

You had a chance to tour our campus, review our academic program and meet with our counselors... now it's time to discuss the specifics about beginning the high school experience at Northern Highlands. Coaches and advisors will be available to meet students and parents. At 7:00 P.M., students will report to a social event on campus and parents will report to the auditorium. Parents will be presented by members of our administrative team and parent organizations in an effort to assist incoming freshmen with their transition to high school. Topics addressed will include daily school procedures, co-curricular activities and athletics. The role of our parent organizations in promoting positive social development, and how your children can get the most out of his or her high school experience.

Some Final Reminders....

In accordance with state law, Northern Highlands Regional High School Board of Education requires a complete medical physical for all incoming ninth grade students. As such:

- ❖ please plan to have your child receive a physical before September 1, 2019
- ❖ physicals should not be performed before June of 2019
- ❖ if your child plans to become involved in athletics or marching band, late June is an ideal month to plan for an appointment because students will be eligible for any summer camps or practices our school might sponsor

It is our hope that receiving this information now will allow adequate time for you to plan within the confines of your health insurance requirements.

In addition, please be advised that when you enroll in Northern Highlands you are actually changing school districts. Therefore, as a part of the high school registration process, you will be asked to present proof of residency.

While this may seem inconvenient it is necessary in a new school district. Be assured that when the time comes, we will do our best to make this process as simple and easy as possible.

THANK YOU!

About Northern Highlands

Northern Highlands Regional High School is a four-year comprehensive public high school that aims to address the needs of all of its students with an emphasis on preparation for education beyond high school. Its long tradition of academic excellence and the school's reputation for scholarly achievement is complemented by Highlands' placement of students in colleges and universities around the nation.

The current school population is 1372 with 345 students enrolled in the 9th grade. Because of the highly competitive nature of its student body Northern Highlands does not rank its students; rather, it provides colleges and universities with a comprehensive academic profile of its entire student body.

Our four-day rotating schedule has complemented our efforts towards delivering a well-rounded comprehensive curriculum. Students at NHRHS are scheduled for eight courses, six of which meet per school day. This schedule provides longer segments of time (57 minute periods) to engage in higher-order thinking and performance-based learning. Our program of studies is designed to serve the interests and needs of all students. To receive a Northern Highlands Regional High School diploma, all students must earn a minimum of 125 credits; extensive course offerings in English, Mathematics, Social Studies, Science, and World Languages allow students to fulfill requirements in a manner which suits their strengths and interests.

Core subjects are supplemented by challenging elective courses in Applied Technology, Family and Consumer Sciences, Music, Fine Arts and Business Education. Northern Highlands Regional High School also offers 45 Honors courses and 25 Advanced Placement courses to aid student growth and achievement. In addition, Northern Highlands also offers a number of courses in which students may earn college credit. Our dual enrollment program allows students to earn college credits that are accepted at universities around the nation based on the successful completion of these courses. We partner with a host of colleges and universities to provide these offerings. Among them are: Syracuse University Project Advance (SUPA), Bergen Community College, Fairleigh Dickinson University, and Rutgers University.

Northern Highlands also offers over 60 award-winning co-curricular activities which include clubs in the following areas: vocal music, instrumental music, drama, musicals, Marching Band, Color Guard, DECA, Robotics, Engineering, service-based learning groups, and many more. Northern Highlands also offers a wide range of interscholastic sports. Our top-ranked athletic program has 15 sports for boys and 16 sports for girls and approximately 92% of our students participate in one or more of Highlands' co-curricular activities. However, none of this would be possible without our dedicated faculty.

Northern Highlands staff members provide high-level instruction through various methodologies. Our teachers are dedicated professionals making great efforts to create a safe and nurturing learning environment. In addition, our outstanding facility and campus complement our efforts towards making the Northern Highlands community a great experience for our students and parents.

To enhance instructional practices and overall educational experience in the digital age, our facility has been updated to provide a future-ready school prepared to meet the needs of education in the 21st Century. Headlining these upgrades is our 1:1 initiative. Every student attending Northern Highlands will receive their own school-issued laptop computer. This device will provide both teachers and students with various opportunities to supplement the learning process. Furthermore, ceiling-mounted projectors, screens, and document cameras have been installed in every instructional area. Our vast facility includes a science wing with fifteen labs, seven prep rooms, and five classrooms. We have also expanded and renovated the following areas:

- ❖ Installed permanent, state of the art, permanent lighting on stadium field and lower practice fields.
- ❖ Revamped athletic stadium featuring new track, turf playing field, and press box.
- ❖ Modernized auditorium fully outfitted with new sound and lighting systems.
- ❖ Renovated gymnasiums complete with refurbished floors, scoreboards and bleachers.
- ❖ Upgraded Library/Media Center
- ❖ Television Production Studio
- ❖ Photography Darkroom
- ❖ Wellness Center (free weights and cardiovascular equipment)
- ❖ Band Room - soundproof modules and instrument storage
- ❖ Renovated Wood Shops
- ❖ CAD Room and Engineering Lab
- ❖ Robotics Lab
- ❖ STEM Lab
- ❖ Two Instructional Kitchens
- ❖ SMART Board Technology
- ❖ Yearbook and Student Newspaper Labs
- ❖ Upgraded Cafeteria Facilities
- ❖ Modernized Planetarium complete with the latest digital technology
- ❖ Refurbished classrooms to provide students with an open setting conducive to student centered activities

In addition, we have several well-maintained courtyards providing students with a safe and attractive area to relax and spend time with friends during lunch and after school.

When you visit during our Open House on October 20th, there is no doubt you will be impressed with our school, our facilities and our campus.

Co-Curricular Activities

There's something for everyone!

STUDENT GOVERNMENT

Student Council

CLASS ORGANIZATIONS

Freshman Class
 Sophomore Class
 Junior Class
 Senior Class

OTHER CLUBS & ACTIVITIES

Animal Conservation
 Art Club
 Absolute Zero /Chemistry Club
 Boomerang Project
 Cars, Planes & Trains Club
 Chess Club
 Chinese Club
 Debate
 DECA
 Dumbledore's Army
 Emergency Services Club
 Future Architects & Engineering Club
 Environmental Awareness
 Fashion and Knitting
 Fed Challenge
 Foods Club
 French Club
 Gay/Straight Alliance
 Highlands Cares
 Highlands Heroes
 Interact/Rotary
 Italian Club
 Leo's/Lion's Club
 Math Club
 Mock Trial
 Model Congress
 Model U.N.
 Multicultural Task Force
 National Honor Society
 Outdoors Club
 Pastafarian Club
 Political Action
 Quiz Bowl
 Robotics
 S.A.D.D.
 Science League
 Spanish Club
 Spirit/ Sportsmanship Club



STEM Club
 Stock Market Club
 TED-Ed Club
 TV/Film Club
 Weather Club

PUBLICATIONS

Literary Magazine
(Loch and Quay)
 School Newspaper
(Highland Fling)
 Freshman Literary/Art Magazine
 Yearbook *(Thistle)*

MUSIC AND THEATRE

NH Theater Company
 (Drama Production)
 Freshmen Theatre Production
 Improvisational Theatre
 Guitar Club
 Jazz Ensemble
 Marching Band/Color Guard
 Winter Guard
 Musical Production
 Highlands Belles
 Highlands Harmonics
 Highlands Voices
 Improv

ATHLETICS

Baseball (Boys)
 Basketball (Boys & Girls)
 Bowling (Boys & Girls)
 Cheerleading (Fall & Winter)
 Cross Country (Boys & Girls)
 Fencing (Boys & Girls)
 Field Hockey (Girls)
 Football
 Golf (Boys & Girls)
 Ice Hockey
 Lacrosse (Boys & Girls)
 Soccer (Boys & Girls)
 Softball (Girls)
 Swimming (Boys & Girls)
 Tennis (Boys & Girls)
 Spring Track (Boys & Girls)
 Winter Track (Boys & Girls)
 Volleyball (Girls)
 Wrestling

